



NMVC

National Mass Violence Center

Providing Resources to Victims,
Survivors, & Those Who Serve Them

WA DEMV Task Force Subcommittee Best Practices in MV Recovery

Alyssa Rheingold, PhD

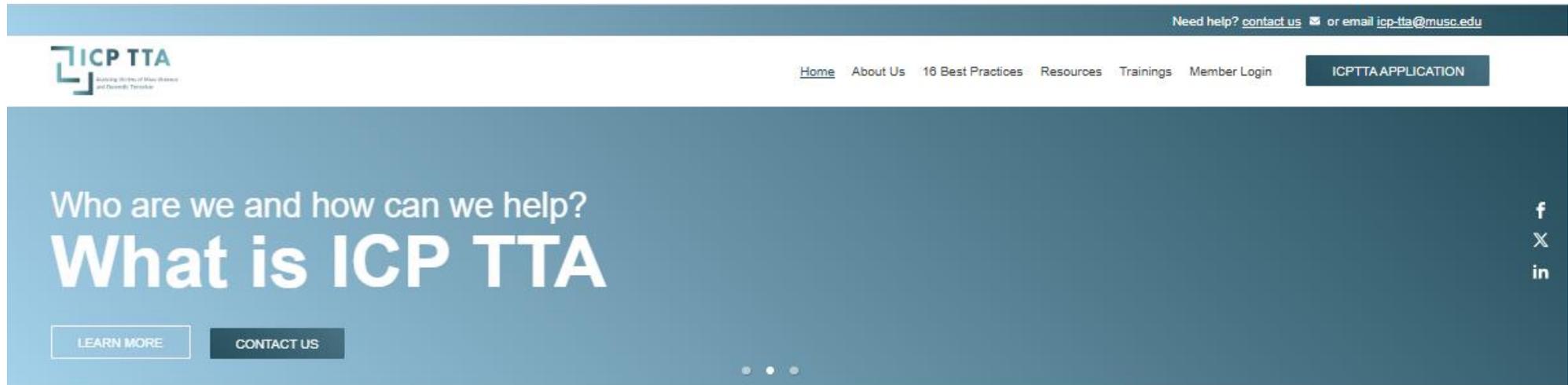
National Mass Violence Center (NMVC)
Department of Psychiatry and Behavioral Sciences
Medical University of South Carolina

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National Mass Violence Center Focus

- Develop and provide evidence-based programs, services and strategies.
 - To identify and meet the needs of individuals, communities, VSPs, BH/MH providers, first responders, and others who have been impacted by MVIs or who work closely with impacted individuals.
- Assess the behavioral/mental health impact of MVI exposure.
 - Includes MVI victims/survivors, first responders and MVI-affected community members.
- Build and sustain partnerships for MVI preparedness, response, recovery and resiliency.

NMVC ICP-TTA Website: <https://icptta.com/>



No one wants to think that a mass violence incident (MVI) can occur in their community, but, in reality, MVIs can occur anywhere and at any time. Unfortunately, all communities are at risk for mass violence and must consider the possibility of these tragedies striking close to home.

[START HERE](#)

16 Best Practices

| | | | |
|--|--|---|--|
| <p>1. Incident Command</p>  | <p>2. Committee Identification & Engagement</p>  | <p>3. Up-to-Date Contact List</p>  | <p>4. Friends & Relatives Center (FRC)</p>  |
| <p>5. Victim Identification & Notification Protocol</p>  | <p>6. Public Information & Crisis Communications Protocol</p>  | <p>7. Volunteer Management Protocol</p>  | <p>8. Family Assistance Center (FAC) Plan</p>  |
| <p>9. Financial Donation Management Protocol</p>  | <p>10. Memorial & Special Event Management Protocols</p>  | <p>11. Community Behavioral Health Response</p>  | <p>12. First Responder Support</p>  |
| <p>13. Planning & Preparedness Grants and Emergency Funding Assistance</p>  | <p>14. Community Resilience Planning</p>  | <p>15. Criminal Justice System – Victim Support</p>  | <p>16. Training and Exercise</p>  |



OVC's Definition of a Mass Violence Incident (MVI)

An intentional violent criminal act, for which a formal investigation has been opened by the Federal Bureau of Investigation or other law enforcement agency, that results in physical, emotional, or psychological injury to a sufficiently large number of people as to significantly increase the burden of victim assistance and compensation for the responding jurisdiction.

What are Resilience and Recovery?

No central definitions

♥ **Resilience** – the process of adapting in the face of adversity or stress

- Managing change while carrying the challenges of trauma, stress, grief
- Resilience does not mean the absence of difficulty or distress

♥ **Recovery** – restoration of safety and empowerment

Considerations:

Communities are unique

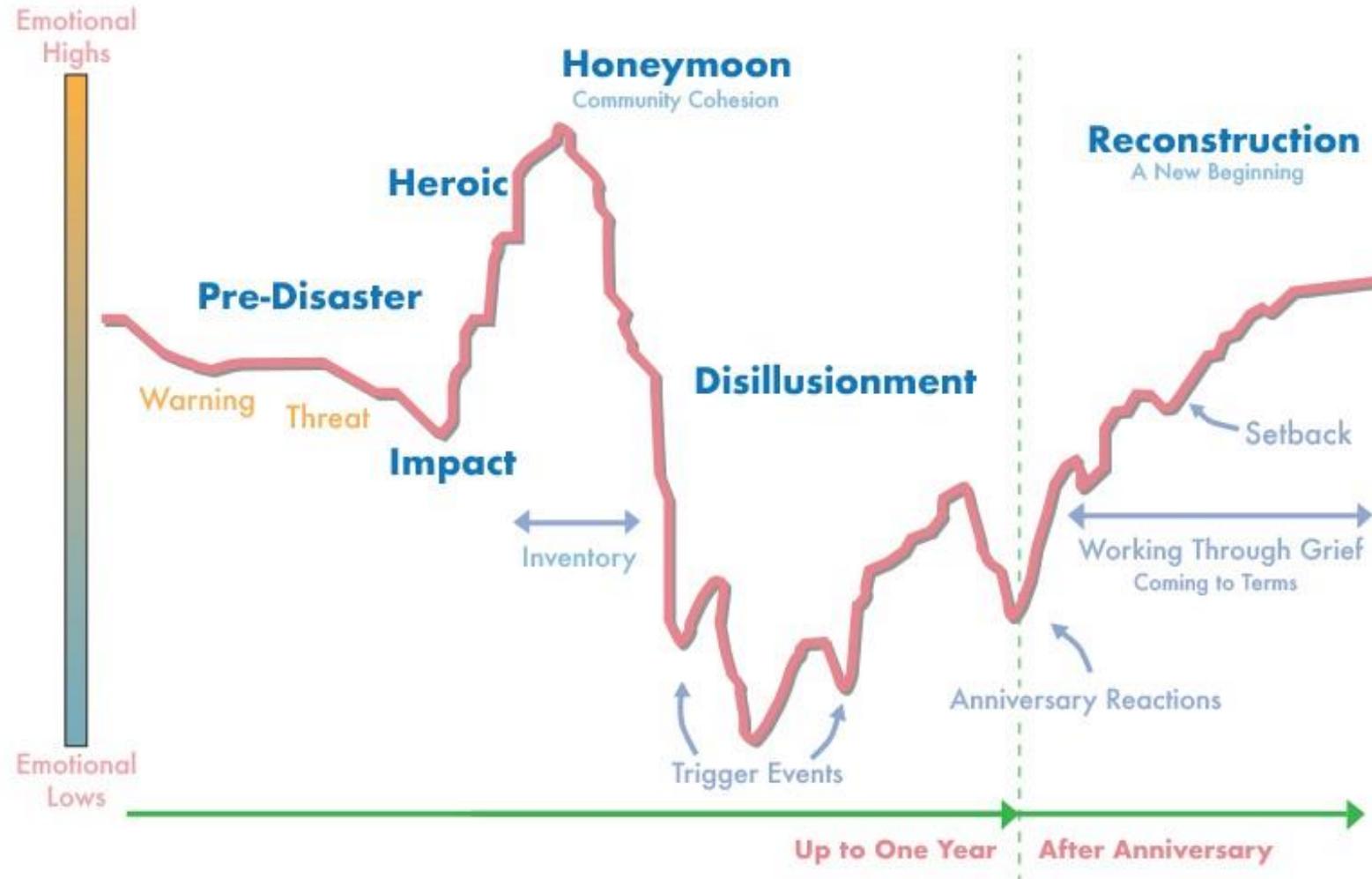
Individuals are unique

Grief and trauma responses are unique

Context is important



Community Phases After Disaster



Substance Abuse and Mental Health Services Administration

MENTAL HEALTH IMPACT MASS VIOLENCE



5991

Adults - 18 or older
Randomly selected adults from each household selected for participation using most recent birthday method.

Key Finding from 6 Communities



Overall PTSD

Nearly one quarter of survey respondents (23.7%) from communities that experienced an MVI met the presumptive criteria for PTSD.



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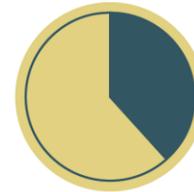
PEOPLE LIVING IN COMMUNITIES THAT HAVE EXPERIENCED MASS VIOLENCE WERE

5X MORE LIKELY TO MEET CRITERIA FOR
PTSD THAN THE NATIONAL AVERAGE

RISK FACTORS FOR PTSD

% WITH PTSD

History of Physical/Sexual Assault

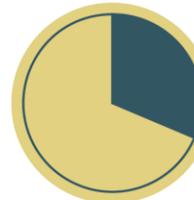


38.4%
History

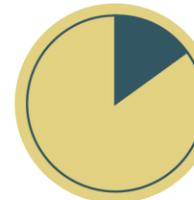


12.8%
No History

Social Support



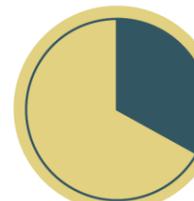
31.5%
Low Support



15.1%
High Support

Exposure to MVI

*was personally on scene during the event or had a family member or someone close who was on scene



33.3%
High*



21.3%
Minimal

Response and Recovery Efforts of MVIs

- ♥ Defined, coordinated continuum of care (immediate through long-term)
 - Friends & Relatives Center (FRC)
 - Family Assistance Center (FAC)
 - Resiliency Center (RC)
- ♥ Coordination with larger Incident Command System of response
- ♥ Infusion of money for victim care *into* the community
- ♥ Trauma-informed coordinated planning across community systems

Overview of Three Centers



Friends &
Relatives
Center

*USUALLY ESTABLISHED
IMMEDIATELY AFTER A MVI
OCCURS, OFTEN RUNNING FOR
24-48 HOURS*



Family
Assistance
Center

*CAN OPERATE CONCURRENTLY
WITH THE FRC OR CAN BE
ESTABLISHED WHEN THE FRC
CLOSES; AND CAN BE OPEN 7-10
DAYS LONGER*



Resiliency
Center

*GENERALLY ESTABLISHED
WITHIN A YEAR OF THE MVI
AND IN EXISTENCE FOR
VARYING LENGTHS OF TIME*

Friends & Relatives Center (FRC)

Established immediately after an MVI; in operation for 24 to 48 hours

- ♥ Secure and safe space and place for victims, survivors, and biological or chosen family members and their friends for timely and accurate information.
- ♥ A jurisdictional responsibility with lead agency according to event type or local planning and policy.
- ♥ Representatives from law enforcement, crime victim services, behavioral/mental health services, and community service organizations provide information, resources and support.
- ♥ The initial Center for creating a secure database of victims, survivors, first responders and others seeking assistance, and beginning the continuum of care.

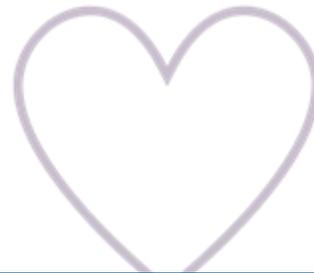
Friends and Relatives Center (FRC) Functions



Registration



Reunification



Death
Notification



Crisis Support



Information
Briefings



Spiritual Care



First Aid



Food/
Beverage

Family Assistance Center (FAC)

*Established within 24 to 48 hours in operation for weeks or months;
often functions concurrently to the FRC*

- ♥ A secure facility often at a different location from the initial FRC.
- ♥ Different agencies may be responsible for activation of the FAC depending upon the MVI and local policies and planning.
- ♥ A centralized point for information and notifications about missing or unaccounted persons and the deceased to their family members on a regular basis.
- ♥ Program and protocol to clean and return personal property to victims, survivors, and family members by law enforcement.
- ♥ Provides survivors and family members an opportunity to draw support from each other, and obtain a wide range of services and coordinated case planning.

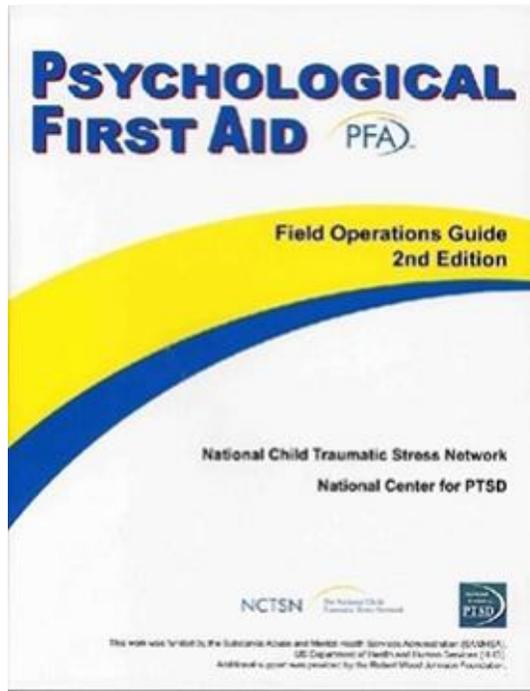
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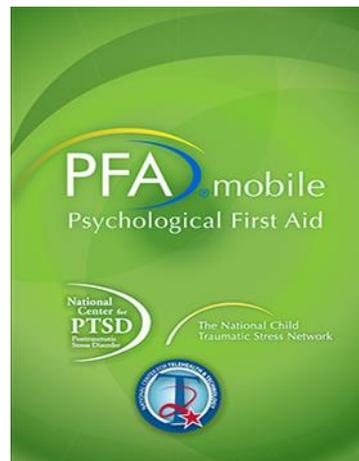
Victim services, American Red Cross volunteers, and/or behavioral/mental health professionals assess and address the initial needs of MV victims and coordinated case planning for services begins.

Broader range of victim and community service providers to identify and address:

- ♥ Temporary basic needs
- ♥ Mental or behavioral health needs
- ♥ Legal needs
- ♥ Financial management
- ♥ Spiritual needs
- ♥ Consular services
- ♥ Social service or victim/survivor service needs
- ♥ Personal safety needs
- ♥ Crime victim compensation
- ♥ Property return
- ♥ Information about and referrals to ongoing services and support



| | | |
|--|--|--|
| <p>CORE ACTIONS</p> <p><i>Contact & Engagement</i></p>  <p><i>Safety & Comfort</i></p>  | <p>REMEMBER:</p> <ul style="list-style-type: none"> Work within a team. Protect survivors from harm. Be calm and compassionate. Listen and be flexible. Respect culture and diversity. Give clear and reliable information. Know local available resources. Help survivors help themselves. Know your limits. Take care of yourself. <p>NCTSN The National Child Traumatic Stress Network PTSD</p> <p>PFA Mobile™ can be downloaded on mobile Apple and Android devices</p> <p><small>This project was also funded by SAMHSA, US Dept. of Health and Human Services Illustrations by Dr. Bob Seaver</small></p> | <p>PSYCHOLOGICAL FIRST AID</p> <p><i>Are you ready to respond?</i></p> <p>GET PREPARED GET FOCUSED GET INTER ACTIVE</p>  <p>GET PFA</p> <p>www.NCTSN.org learn.nctsn.org</p> |
|--|--|--|

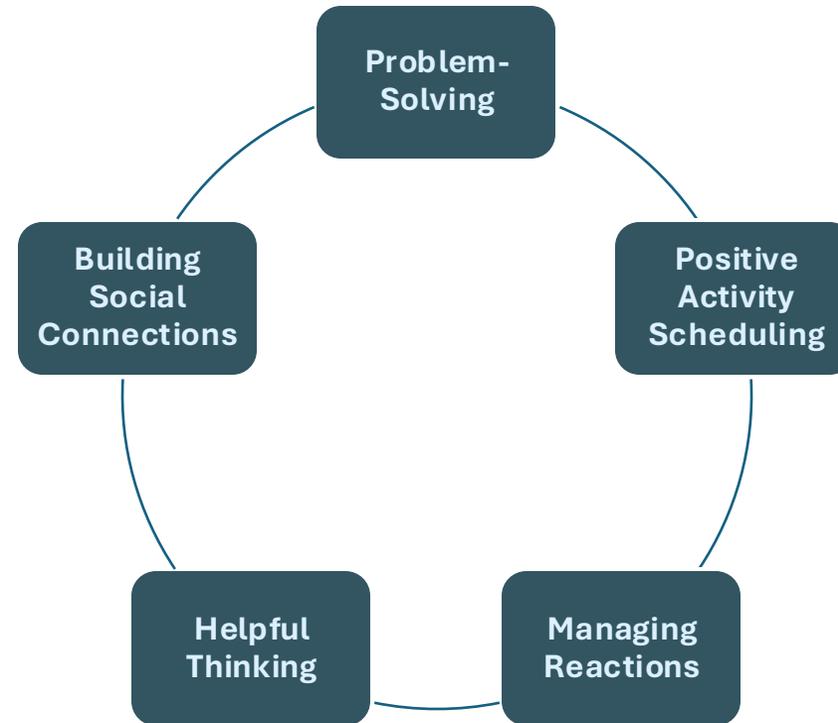
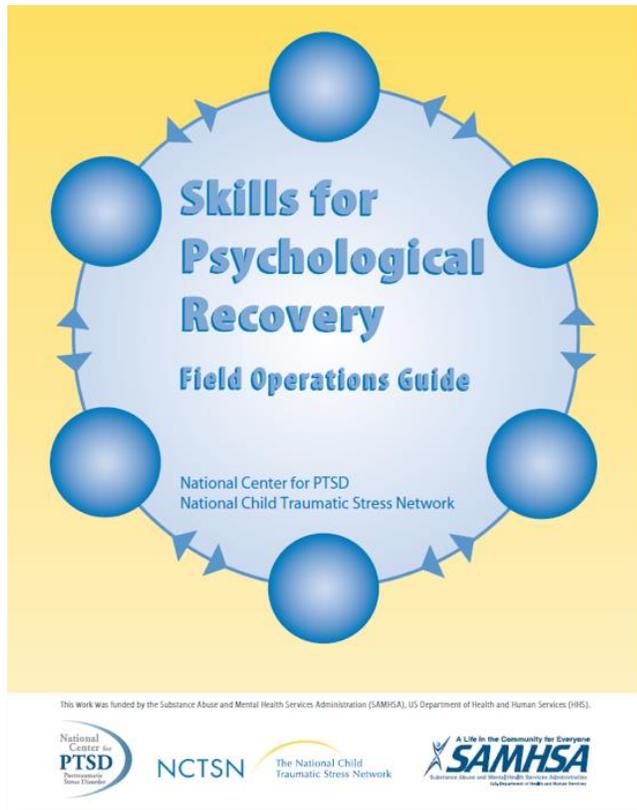


| | | |
|--|--|---|
| <p>CORE ACTIONS</p> <p><i>Stabilization</i></p>  | <p>CORE ACTIONS</p> <p><i>Practical Assistance</i></p>  | <p>CORE ACTIONS</p> <p><i>Information on Coping</i></p>  |
| <p>CORE ACTIONS</p> <p><i>Information Gathering</i></p>  | <p>CORE ACTIONS</p> <p><i>Connection with Social Supports</i></p>  | <p>CORE ACTIONS</p> <p><i>Linkage with Collaborative Services</i></p>  |

www.nctsn.org



Evidence-informed Early Interventions: *Skills for Psychological Recovery*



NOVA Community Crisis Response Team

- Focuses on the fundamentals of crisis and trauma, and how to adapt to basic techniques of psychological first aid to individuals and groups.
- NOVA CCRT-trained responders when asked can assist to provide crisis intervention, education and emotional first aid in the aftermath of a critical incident, either small-scale or mass-casualty.

NOVA

Transition Planning

- Continuity in client services and support, and services to the impacted community
- Confirm and coordinate linkages to client services in community (including in other communities where victims and survivors may live, other than the impacted community)
- Ongoing information, updates and referrals
- **Creating a virtual *community-specific* page on the NMVC's Virtual Resiliency Center** (<https://massviolence.help/>)
- Any plans to create a long-term Resiliency Center

After the FAC Closes

- Establish leadership, funding and viability for the creation of a potential Resiliency Center
- **Partner Coordinating Council/ Long-Term Planning Committee**
 - Can a Resiliency Center be established?
 - Who will host the new organization?
 - Who will write the grant?
 - Who will lead the work?
 - How do you create an identity and purpose for this new organization?

Community trauma + uncertainty = How will decisions get made?

Evidence-Based Trauma-Focused Mental Health Interventions

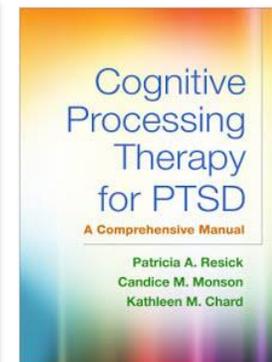
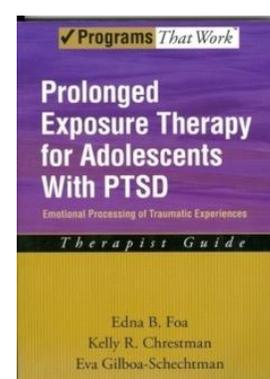
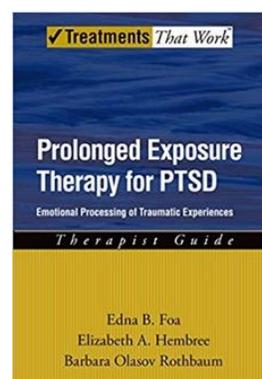
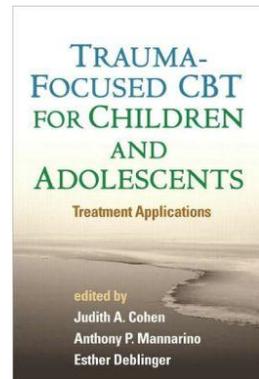
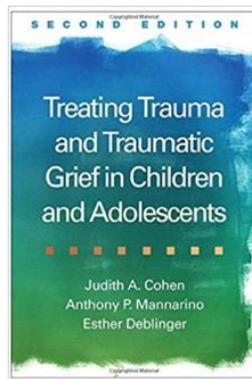
Evidence-based trauma treatments

Adults

- Prolonged Exposure Therapy (PE)
- Cognitive Processing Therapy (CPT)
- Prolonged Grief Disorder Therapy (PGDT)

Children and adolescents

- Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)
- Trauma and Grief Component Therapy (TGCT)



Resiliency Center (RC)

Generally established within a year and in existence for varying lengths of time



- ♥ A central hub that provides a framework for long-term recovery for victims, survivors, first responders, family members, and those that were impacted by a mass violence incident.
- ♥ Wrap around victim advocacy, mental, medical, behavioral health, and legal services or navigation to such services.
- ♥ Resiliency Centers are often a partnership of people and organizations working together to offer connection, services, and support to victims.

Why the need for a Resiliency Center?

- ♥ Unique aspects of mass violence crimes
- ♥ Overwhelms existing services and the capacity to meet individual and collective needs
- ♥ The entire community is affected
- ♥ Victims' needs better met in a space dedicated to their unique needs



Communities with Resiliency Centers/ Programming

- County of Santa Clara, CA (Gilroy Garlic Festival & Valley Transportation Authority)
- Ventura County, CA (Route 91 Harvest Festival and Borderline Bar and Grill) *
- Aurora, CO *
- Boulder, CO
- Colorado Springs, CO
- Highlands Ranch, CO *
- Newtown, CT
- Orlando, FL
- Parkland, FL
- Benton, KY
- Boston, MA
- Michigan State University, MI
- Oxford, MI
- Rochester Hills, MI
- Las Vegas, NV
- Buffalo, NY
- Pittsburgh, PA
- Charleston, SC
- El Paso, TX
- Sante Fe, TX
- Sutherland Springs, TX
- Uvalde, TX
- Virginia, Beach, VA
- Oak Creek, WI
- Waukesha, WI

Scope of Services



Victim/Survivor Navigation & Advocacy



Resiliency & Wellbeing Programming



Financial Assistance & Counseling



Fellowship & Peer Support Programming



Legal Services Consultation & Referral



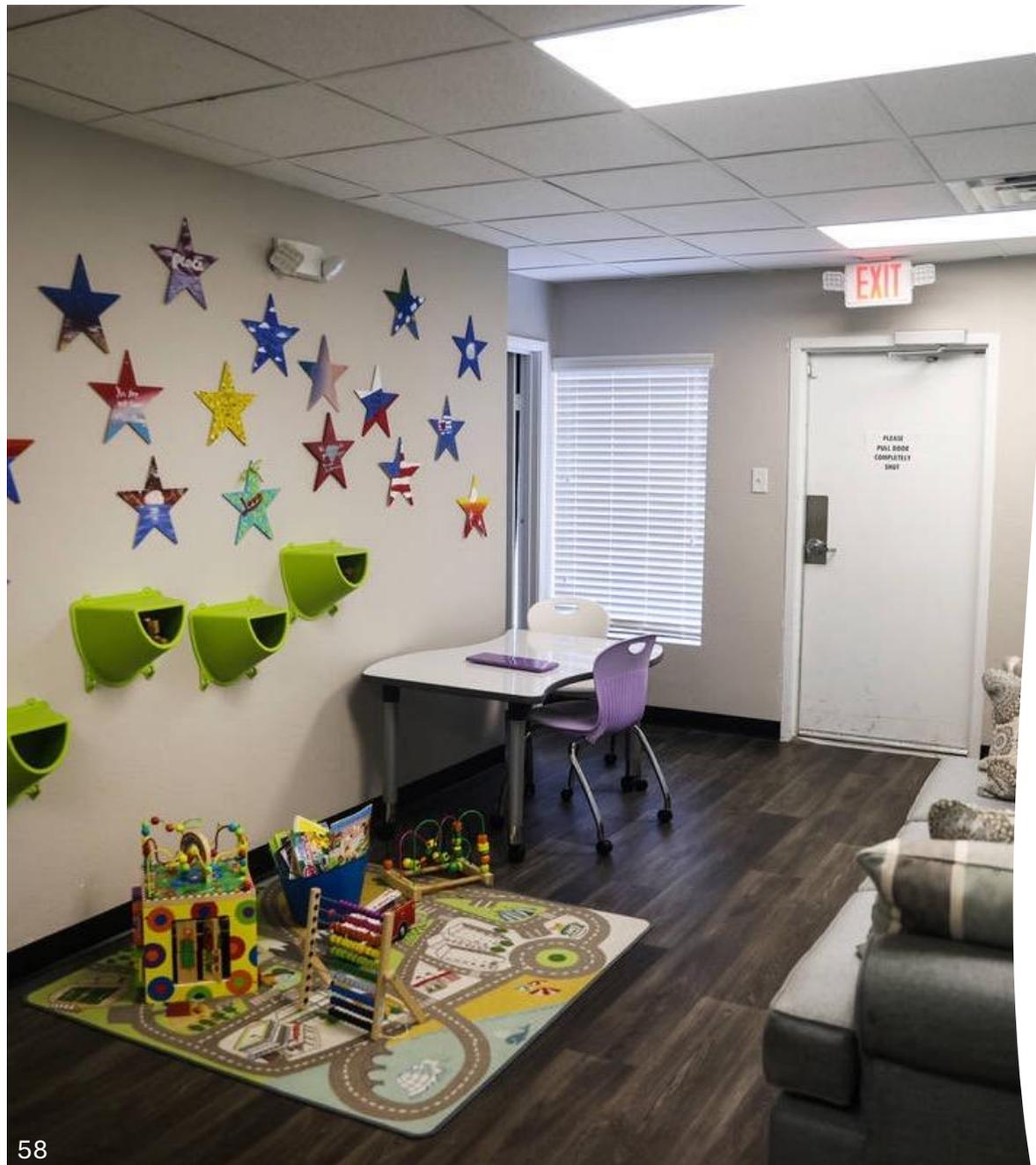
Court Proceedings Support



Evidence-based Behavioral & Mental Health Services



First Responder-specific Services



Structure of the Resiliency Center

- ♥ Identify a “natural landing spot” location for the Center.
- ♥ Select a sponsoring agency with a history of fundraising to administer the AEAP grant and other funds.
 - ♥ Net Neutral Gain
- ♥ Center Directors can have different backgrounds – Build on this variety of experiences; and combine skill sets.
 - ♥ Consider what will be needed by impacted community
- ♥ **Steering/Stakeholder Committee**
(different from Partner Council)



No Wrong Door



Annual Observances and Commemoration Planning

- RCs are important partners in planning
- Victim-centric and trauma-informed
- Center activities on the power of their personal stories
- Some RCs create a “unified symbol of resilience”



Memorial Planning





It's important to recognize that the needs of MVI survivors and the communities they live in will *evolve* and *change* over time....

Federal Preparation & Response Resources

Office for Victims of Crime Mass Violence & Terrorism Toolkit

The screenshot displays the website for the Office for Victims of Crime, specifically the Mass Violence & Terrorism Toolkit. The page features a header with the OVC logo and navigation links. The main content area is titled "Helping Victims of Mass Violence & Terrorism" and includes a navigation menu with tabs for "MESSAGE FROM THE DIRECTOR", "ABOUT THE TOOLKIT", "PARTNERSHIPS & PLANNING", "RESPONSE", "RECOVERY", and "TOOLS". The "PARTNERSHIPS & PLANNING" tab is currently selected. Below the navigation menu, there is a section titled "RELATED RESOURCES" with links to "A Victim Assistance Guide to Planning and Responding to Critical Incidents: Toolkit for Response for Advocates in Colorado", "Voices of September 11th - Preparing For After Resource Kit", and "Mass Fatality and Family Assistance Center". A "FEATURED TOOLS" section is also visible, listing "PARTNERSHIPS & PLANNING CHECKLIST", "ACTIVITIES AT A GLANCE", "RESPONSE CHECKLIST", and "RECOVERY CHECKLIST".

OFFICE OF JUSTICE PROGRAMS

Recursos en Español | FAQs Site Search GO

OFFICE FOR VICTIMS OF CRIME

JUSTICE FOR VICTIMS • JUSTICE FOR ALL

Helping Victims of Mass Violence & Terrorism

PLANNING, RESPONSE, RECOVERY, AND RESOURCES

MESSAGE FROM THE DIRECTOR ABOUT THE TOOLKIT

PARTNERSHIPS & PLANNING RESPONSE RECOVERY TOOLS

August 2015 • NCJ 248647
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RELATED RESOURCES

[A Victim Assistance Guide to Planning and Responding to Critical Incidents: Toolkit for Response for Advocates in Colorado](#)

[Voices of September 11th - Preparing For After Resource Kit](#)

[Mass Fatality and Family Assistance Center](#)

FEATURED TOOLS

[PARTNERSHIPS & PLANNING CHECKLIST](#)
WORD PDF

[ACTIVITIES AT A GLANCE](#)

[RESPONSE CHECKLIST](#)
WORD PDF

[RECOVERY CHECKLIST](#)
WORD PDF

Incidents of mass violence and terrorism—bombings, mass riots and shootings, hijackings, bioterrorism attacks, and other human-caused disasters—present unique challenges to the communities in which they occur. These incidents require a coordinated, cross-sector approach among federal, state, local, and tribal governments; private entities; and nonprofit organizations to drive an effective response.

Although community crime prevention efforts are critical, this toolkit provides tools and resources for developing a comprehensive victim assistance plan that can be incorporated into your community's existing emergency response plan. Victim assistance plans support and enhance your response and recovery efforts. The toolkit's [Partnerships & Planning](#) section reviews how to create and maintain partnerships, address resource gaps, and develop victim assistance protocols, and its [Response](#) and [Recovery](#) sections cover how to use the protocols after an incident of mass violence or terrorism. The [Tools](#) section includes checklists, samples, a glossary, and a compendium of victim assistance resources.

The checklists can be tailored to fit the needs of your community. Together, these will help you prepare for and respond to victims of mass violence and terrorism in the most timely, effective, and compassionate manner possible. Contact the OVC Training and Technical Assistance Center at ttac@ovcttac.org or 1-866-682-8822 for information about free training or technical assistance related to the toolkit and the checklists.



Office for Victims of Crime
OVC

- ♥ Support for impacted communities:
 - Anti-terrorism & Emergency Assistance Program (AEAP) grants
 - Training & Technical Assistance

AEAP grants are specifically designed to assist victims of criminal mass violence and domestic terrorism in areas that have been overwhelmed after a mass violence incident by supplementing existing resources.

<https://ovc.ojp.gov/program/aeap/overview>

AEAP Grants

Help *supplement* overwhelmed communities

Grant types:

- ♥ Crisis Response (up to nine months)
- ♥ Consequence Management (up to 18 months)
- ♥ Criminal Justice Support (up to 36 months)
- ♥ Crime Victim Compensation (any time) to reimburse victims for eligible expenses

Grants are retroactive back to the date of the incident.

Types are usually wrapped into one grant application

FBI Victim Services Provide Leadership & Support

Victim Assistance Rapid Deployment Team

Victim Specialists

Terrorism Victim Assistance Unit

<https://www.fbi.gov/how-we-can-help-you/victim-services>

Brochure:

<https://www.fbi.gov/file-repository/fbi-victim-assistance-program.pdf/view>

OVC TTAC Role in Mass Violence Response

- ♥ Request from OVC
- ♥ Team of Consultants
- ♥ Role of Consultants
 - Needs Assessment
 - Draft AEAP Application
 - Follow-on Technical Assistance
- ♥ Free!



- [Mass Violence and Terrorism | Resources | OVC TTAC](#)

National Mass Violence Center

- ♥ Request directly to NMVC
- ♥ Mental & Behavioral Trauma and Victim/Survivor Assistance Experts
- ♥ Role of M/BH Consultants
 - M/BH needs assessment
 - Consultation on early intervention and long-term recovery
 - Consultation on Resiliency Center development
 - Follow-on Technical Assistance
- ♥ Free!



NMVC

National Mass Violence Center

Providing Resources to Victims,
Survivors, & Those Who Serve Them

<https://nmvvc.org/>

Immediate Response Resources

- Comprehensive list of resources curated for the impacted community
- Resources posted on social media and distributed to key partners and allies

NMVC
National Mass Violence Center
Preventing Reactions to Violence, Survivors, & Those Who Serve Them

National Mass Violence Center
Department of Psychiatry & Behavioral Sciences
Medical University of South Carolina
67 President Street, MSC 863
Charleston, SC 29425
NMVC.org

September 4, 2024

Mass violence occurring in schools or involving child and/or adolescent victims can be especially difficult for communities. Following the tragic Apalachee High School shooting in Winder, GA where at least four were murdered and 30 physically injured, the National Mass Violence Center offers the resources below which may provide guidance for the community in the coming days and months.

Resources for Educators

- Self-Care Strategies for Teachers & Providers, via NCTSN | [Read here](#)
- Helping Youth After Community Trauma: Tips for Educators, via NCTSN | [English](#) | [Spanish](#)
- Psychological Impact of the Recent Shooting (for teachers and parents), via NCTSN | [Read here](#)

Resources for Parents, Caregivers and Teens

- Assisting Parents/Caregivers in Coping with Collective Traumas, via NCTSN | [Read here](#)
- Parent Guidelines for Helping Youth After the Recent Mass Shooting, via NCTSN | [English](#) | [Spanish](#)
- Helping Teens with Traumatic Grief – Tips for Caregivers, via NCTSN | [Read here](#)
- Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Teachers and Caregivers, via SAMHSA | [English](#) | [Spanish](#)
- Tips for Survivors of a Disaster or Other Traumatic Event: Managing Distress via SAMHSA | [English](#) | [Spanish](#)
- For Teens: Coping After Mass Violence, via NCTSN | [English](#) | [Spanish](#)
- Talking to Children About Violence: Tips for Families and Educators, via NASP | [Read here](#)

Resources for Victims, Survivors, and Community Members

- The NMVC self-help app, Transcend NMVC, is available on Apple and Android
- Twelve Self-Help Tips for Coping in the Aftermath of Mass Violence Incidents | [Read here](#)
- Coping with Grief After a Disaster or Traumatic Event via SAMHSA | [Read here](#)
- Tips for Survivors of a Disaster or Other Traumatic Event: Managing Distress via SAMHSA | [Read here in English](#) | [Read here in Spanish](#)
- Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Teachers and Caregivers via SAMHSA | [English](#) | [Spanish](#)
- Parent Guidelines for Helping Youth After the Recent Mass Shooting via NCTSN | [English](#) | [Spanish](#)
- Managing Distress: Grounding Tips for Crime Victims, Survivors, and Family Members | [Read here](#)
- How to Identify an Experienced Trauma-Focused Therapist | [English](#) | [Spanish](#)
- Disaster Distress Helpline | Call or Text: 1-800-985-5990 | [Español](#): Llama o envía un mensaje de texto 1-800-985-5990 presiona "2."
- Suicide & Crisis Lifeline | Call or Text 988 | [Chat 988lifeline.org](#) | Línea de Prevención del Suicidio y Crisis 988
- Victim Connect Resource Center | 855-484-2846 | [Chat Online](#)
- National Compassion Fund | <https://nationalcompassionfund.org>

09/04/2024 Winder, GA Resource Guide 2

Resources for Community Leaders

- Timeline of Activities to Promote Mental Health Recovery: Recommendations Before, During, and Following a Mass Violence Incident | [Read here](#)
- Tips for Community Leaders: Rebuilding Your Community | [Resources here](#)
- Navigating Community Resources in Times of Crisis | [Read here](#)
- Unexpected Challenges for Communities during the Immediate Response of a Mass Violence Incident | [Read here](#)
- Psychological First Aid: An Early Intervention to Support Individuals Impacted by Disaster and Large Scale Events via NCTSN | [Manual](#) and [Online Course](#)

Georgia Resources for Crime Victims and Survivors

- Georgia Crime Victims Compensation Program | [Resources here](#)

09/04/2024 Winder, GA Resource Guide 3

Frequently Asked Questions About the Transcend NMVC Mobile App

What is the Transcend NMVC Mobile App?

This free app was developed by the National Mass Violence Center to help those who have been affected by mass violence. Designed to help reduce the risk of developing problems and enhance recovery if you already have problems, Transcend NMVC:

- Provides information about common reactions to mass violence, crime, and other highly stressful events.
- Guides you through state-of-the-art self-help strategies to reduce the risk of stress-related behaviors, health problems and promote recovery if you already have problems.
- Connects you with access to victim/survivor services, financial, legal, and mental health resources.

Is the Transcend NMVC app just for survivors of mass violence?

The app was designed for those directly affected by mass violence and their families and friends, but it may also be useful for:

- Victim service providers, law enforcement officials, other first responders and health care professionals who respond to mass violence incidents, mass casualty incidents, or other violent crimes.
- Others in communities that have experienced mass violence.
- Violent crime victims and their family or friends.
- Anyone who had an extremely stressful experience with which they are having trouble coping.

What topics are covered?

Transcend offers written explanations, active exercises, and animated videos that highlight strategies to help reduce stress and mental health difficulties for mass violence survivors. Topics include:

- **About** - An overview of common reactions to mass violence and paths to recovery.
- **Calm Your Body** - Highlights the impact of mass violence on your body and provides ways to promote relaxation, sleep and physical well-being.
- **Ease Your Mind** - Explains how mass violence can affect the way you think and strategies to ease your stressed mind.
- **Get Up and Move** - Explains the importance of remaining active and involved with others, while also helping to generate ideas for re-engaging with people and the world around you.
- **Cope with Loss** - Provides coping strategies and activities to help those who are grieving a loss.
- **Reach Out** - Highlights the role of social support in recovery and walks through personal strategies you can use to increase your social support network as you recover.
- **Help Others** - Provides information and strategies about how to help survivors of mass violence.
- **Get Help Now** - Provides information about accessing victim, financial, and legal assistance. This section can also help you get immediate help or connect you with a therapist in your area.

How can I find the app?

From a smart phone or tablet, download the FREE Transcend app from the [Google Play Store](#) or [Apple App Store](#).

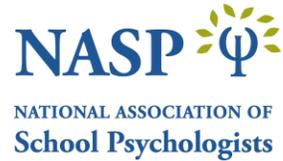
How do I get started?

Once you create your account, you can get started in one of two ways:

- The "Personalized Recovery Plan" option: If you select the "Personalized Recovery" plan option, you will be asked to complete a brief assessment. You can complete this assessment immediately, come back to it later, or skip it altogether. When you complete the assessment, the app generates a recovery plan that addresses your specific needs. Then, just follow the plan that is recommended for you.
- The "Explore on Your Own" Option: You can also choose to navigate the app on your own. If you opt out of the assessment, you will go to the main dashboard to explore what's most interesting to you.

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THE UNITED STATES
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NMVC Offers Extensive Resources for Individuals, Communities, and Professionals Who Are Impacted by Mass Violence



Tip Sheets

From grief and trauma to working with the media



Best Practices Guides

Comprehensive guides about critical topics with lessons learned & helpful resources



Resource Guides

Curated for communities impacted by mass violence



Community & Victim Surveys

Findings and reports



Six Forums

Created for RCs & schools to discuss challenges & solutions

NMVC Offers Extensive Resources for Individuals, Communities, and Professionals Who Are Impacted By Mass Violence (cont.)



National Town Halls

Quarterly, virtual series sharing evidence-based best practices



Mass Violence Podcast

Conversational interviews about complex topics



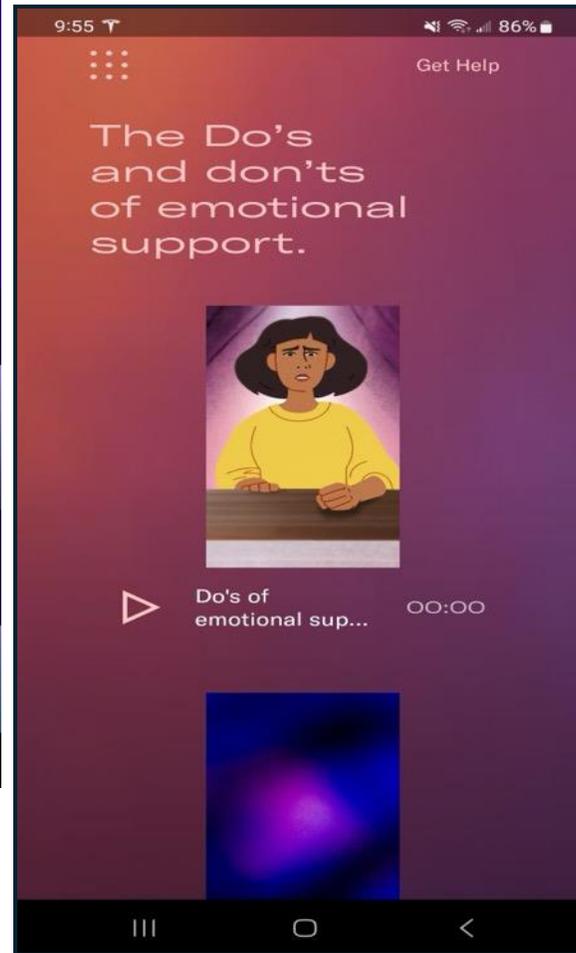
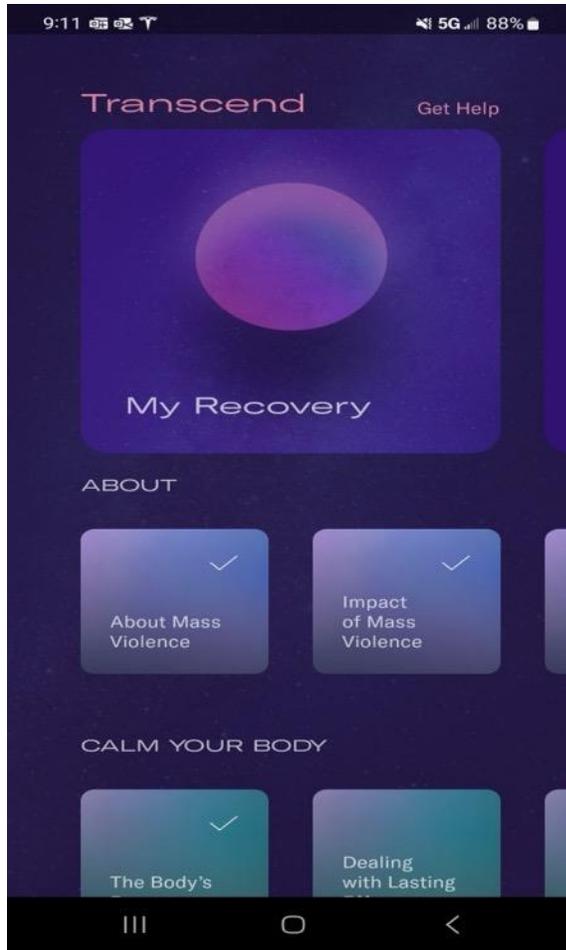
Transcend NMVC App

Free self-help mobile app to help recovery



Virtual Resiliency Center

Online resource hub for individuals and communities



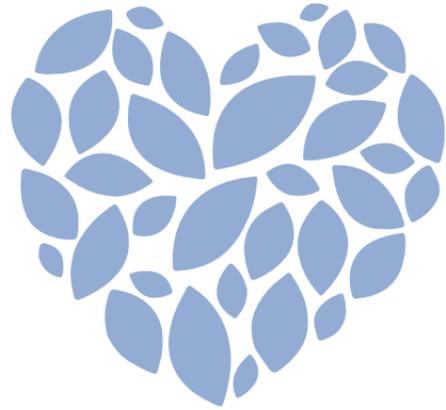
Transcend NMVC:

Free mobile app to facilitate recovery from mass violence events

HOW CAN I FIND THE APP?

From a smart phone or tablet, download the Transcend app from the Google Play Store or Apple Store.



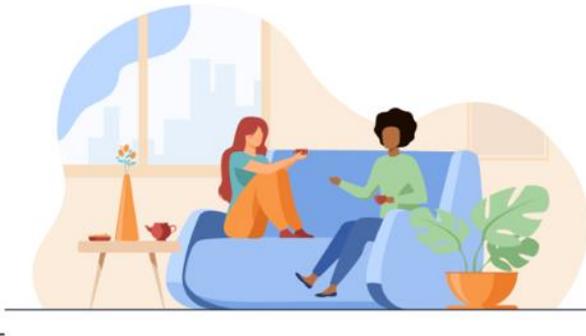


Virtual Resiliency Center

massviolence.help



Victim & Social Services



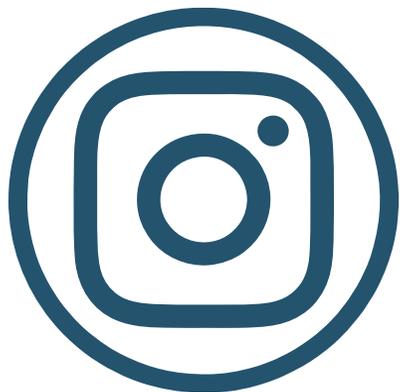
Social Connection & Empowerment



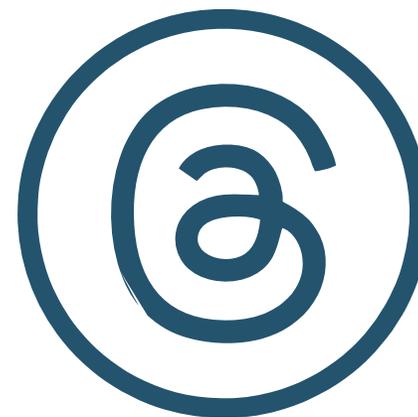
Health & Wellness



Managing Grief & Trauma



@N M V V R C





Questions & Comments